

Counselling in Schools and Colleges

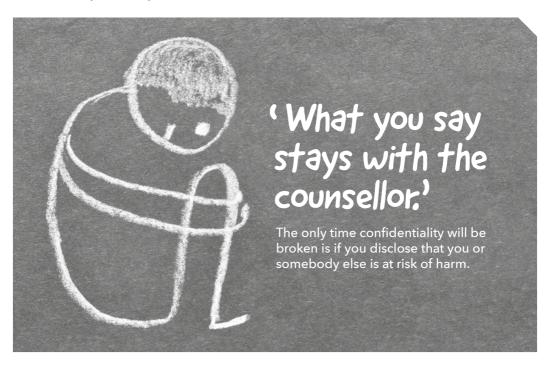
A service for young people who experience **Social, Emotional or Behavioural difficulties.**



What is Counselling?

Our school counselling project offers a bought in service to primary, secondary schools and colleges.

- » It's a safe place to explore thoughts, fears and problems
- » Counselling takes place in school. You will be seen for an hour every fortnight by the same counsellor
- » No blame, no shame. If you think it, feel it, you can say it
- » What you talk about is up to you, it's not just what's on the referral
- » It's not all doom and gloom, sometimes it is a celebration of what is going well
- » It's time just for you



Counselling in Schools and Colleges

Offering counselling in schools and Colleges ensures as little disruption to education as possible. (Only 1 lesson is missed)

Confidentiality is offered within the government's Safeguarding guidelines. If a disclosure is made during a session, the school/college's Designated Safeguarding Lead (DSL) will be invited in and the counsellor will support the young person to share the disclosure again. The young person, the counsellor and the DSL will then discuss the next steps and agree on any action needed.

Parental consent is always obtained for young people in schools. We agree & sign a contract to ensure they have a clear understanding of the relationship. Goals are set and agreed in the first session.

On average we provide 10 sessions per young person, but there are no limitations whatsoever.

All about our Counsellors

All of our counsellors are friendly, down to earth, and trustworthy people and they will listen and help you with your problems. Counsellors are not the same as Social Workers or Teachers and are not part of the Mental Health Service. Every counsellor will also have at least 2 years' experience working in an education environment.

'It's not all doom and gloom, sometimes it's a celebration of what is going well.'



With permission, our counsellors can also support their clients with the sharing of information.

'Our Counsellors have at least 2 years experience working in an education environment.'

Ways to get in touch.

If you believe your organisation could benefit from this service please call us on **01942 867888**

Family Welfare

Adult Learning Centre Walmesley Road Leigh WN7 1XL

Wigan Family Welfare is a member of British Association for Counselling and Psychotherapy (Membership No. 121556) All counsellors abide by the BACP ethical Framework for the Counselling Professions (a copy is available on request)

Printed using recycled paper stocks

You can also visit **familywelfare.co.uk** or find us on Social Media





