

Wigan Borough

# family hübs



## Family Hub at Mornington Road Activity Guide Easter Half Term 2025



Working together to support families



# Who is available at the Family Hub at Mornington Road and our Linked Sites?

- Activities for Children Aged 0-5
- Antenatal Workshops
- Aspiring Futures
- Be Well
- CAMHS School Link Team
- Child Occupational Therapy
- Citizens Advice Wigan Borough (CAB)
- Community Link Workers
- Department for Work and Pensions (DWP)
- Discover Training CIC
- Educational Psychology Service
- Embrace
- GP Assistants
- Health Visiting Service
- Housing Support
- Locala Sexual Health Clinic
- Midwifery Service
- Parent Carer Forum
- Parenting Offer (Training/Drop-In's)
- Police Community Support
- Primary Care Network (Health Screening etc)
- Specialist Sensory Education Team
- Talk First
- Tenant Voice Team
- Well Baby Clinic
- With You (Drug and Alcohol Support)
- Youth Inspectors

## How to engage with our services?

On the next few pages, you can view our upcoming timetable for sessions and activities at the Family Hub at Mornington Road and our linked sites at Ince and Platt Bridge delivered by our partner services. Each session or activity will outline whether it is a drop in, bookable or appointment/requires a referral to attend.

**Drop ins – You can just come to the hub and attend any sessions or activities.**

**Bookings – You must contact the hub prior to the activity and book a place by calling 01942 488246 or the details on the advertised session.**

**Appointments/referrals – Please visit our [website](#) for full details and guidance on how to book onto these.**

## Full details for venues:

**Family Hub at Mornington Road, Mornington Road, Hindley, Wigan, WN2 4LG**

**Platt Bridge Linked Site, Rivington Avenue, Platt Bridge, WN2 5NG**

**Ince Linked Site, Charles Street, Ince, Wigan, WN2 2AL**

**Platt Bridge Community Centre, Victoria Street, Platt Bridge, WN2 5AH**

**Douglas Valley Nursery School, Turner Street, Wigan, WN1 3SU**



Date: 7<sup>th</sup> April – 11<sup>th</sup> April 2025 (continued on next page)



**Wigan Council**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Spring Time Sensory</b> 9:30-10:30am at Platt Bridge Linked Site</p> <p>An interactive sensory session for babies ages 0-12 months. Explore colours, lights, sounds and textures. <b>Book on – 01942 488246</b></p>	<p><b>Baby Massage</b> 9.15am-10.15am at Family Hub at Morningson Rd</p> <p>For babies 6 weeks to 6 months. <b>Book on – 01942 488246</b></p>	<p><b>Easter Eggstravaganza</b> 1.00-3.00pm at Ince Linked Site in the Sensory Garden</p> <p>Outdoor activities, stories, bug exploring and more! For children ages 0-8 years. <b>Drop In</b></p>	<p><b>With You Drop In</b> 9.00am-12:30pm at Family Hub at Morningson Road</p> <p>Confidential advice and information to residents who have questions or concerns about their or a loved one's drug or alcohol use.</p>	<p><b>Care Coordinator Drop-In</b> 8:30am-1.00pm at Family Hub at Morningson Road</p> <p>Meet with your local Care Coordinator, we support the following surgeries: Hindley Health Centre, Pennygate Medical Centre, Alexander House, Platt House, Ince Surgery and Claire House/Rivington Way We are a point of contact to help you understand and manage your health needs, such as dementia, poor mobility and balance, medication, bereavement, health appointments and much more <b>No appointment needed, just drop in.</b></p>
<p><b>Community Link Worker Drop In</b> 10am-12pm at Family Hub at Morningson Road</p> <p>Support with social issues that may be affecting your health and wellbeing including drug and alcohol, debt, housing and more. <b>Drop In</b></p>	<p><b>Little Bunnies Rhyme Time</b> 9.30-10.30am at Ince Linked Site</p> <p>Stories, rhymes and sensory activities. Suitable for 0-2 years. <b>Drop In</b></p>	<p><b>Understanding Low Mood Workshop</b> 1.00-2.30pm at Family Hub at Morningson Road</p> <p>Delivered by the Mental Health Support Team in Schools as part of the Wigan Central Family Hub offer. The parent/carer workshop outlines what low mood is, the symptoms, and how this impacts children and young people. We will provide support strategies to help manage the physical and emotional feelings of low mood. <b>Booking via Eventbrite.</b></p>	<p><b>Mental Health Link Worker Drop In</b> 9.00am-1.00pm at Family Hub at Morningson Road - We can support with attending community groups, services or appointments and provide self help information on difficulties such as sleep, mindfulness, self-esteem, stress and problem solving. We work with patients who are 18+ and registered with one of the following surgeries: Hindley Health Centre, Pennygate Medical Centre, Alexander House, Platt House, Ince Surgery and Claire House/Rivington Way.</p>	<p><b>Board Games Bonanza</b> 9.30-10.30am at Family Hub at Morningson Road</p> <p>Come and join in some fun new board games. For ages 5-11 years <b>Drop In</b></p>
<p><b>Tenant Voice Community Cuppa</b> 10am-12pm at Family Hub at Morningson Road</p> <p>Have your say on the services available in your community. <b>Drop in</b></p>	<p><b>Baby Massage</b> 10.30am-11.30am at Family Hub at Morningson Rd</p> <p>For babies 6 weeks to 6 months. <b>Book on – 01942 488246</b></p>	<p><b>Understanding Anxiety Workshop 1</b> 3.00-4.30pm at Family Hub at Morningson Road</p> <p>Delivered by the Mental Health Support Team in Schools as part of the Wigan Central Family Hub offer. The parent/carer workshop outlines what anxiety is, the symptoms, and how this impacts children and young people. We will provide support strategies to help manage the physical and emotional feelings of anxiety. <b>Booking via Eventbrite</b></p>	<p><b>Well Baby Clinic</b> 9.30am-12.00pm at Ince Linked Site</p> <p>Baby weighing and a chance to ask the Health Visitors any questions/advice. <b>Appointment Only – 0300 7071245</b></p>	<p><b>Level 2 Teaching Assistant Course</b> 9.30am-2.30pm at Family Hub at Morningson Road (Remote delivery over Easter holidays)</p> <p>If you're aged 19 or over, unemployed and want to work in a school, this 10-week free course is a great place to start. <b>For more information or to book on the course please contact Natalie 07483343283</b></p>

Date: 7<sup>th</sup> April – 11<sup>th</sup> April 2025 (continued on next page)



**Wigan Council**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Little Bunnies Story Time</b>  <b>11.15am-12.00pm at Platt Bridge Linked Site</b>            Stories, rhymes and activities.            Suitable for 2-5 years.  <b>Drop In</b></p>	<p><b>Riding The Rapids</b>  <b>12.30-3.30pm at Family Hub at Morningson Road</b>            Riding the Rapids is a free course for parents and carers of children who have a diagnosis of Autism, severe learning disabilities or complex physical disabilities. The course aims to help parents to understand and manage challenging behaviour shown by their child. <b>Bookable Course, please contact 07825948643 or email <a href="mailto:parentingsupport@wigan.gov.uk">parentingsupport@wigan.gov.uk</a></b></p>	<p><b>Understanding Anxiety Workshop 2</b>  <b>5.00-6.30pm at Family Hub at Morningson Road</b>            Delivered by the Mental Health Support Team in Schools as part of the Wigan Central Family Hub offer. The parent/carer workshop outlines what anxiety is, the symptoms, and how this impacts children and young people. We will provide support strategies to help manage the physical and emotional feelings of anxiety.  <b>Booking via Eventbrite</b></p>	<p><b>Little Bunnies Story Time</b>  <b>10.00-10.45am at Family Hub at Morningson Road</b>            Stories, rhymes and activities.            Suitable for 2-5 years.  <b>Drop In</b></p>	<p><b>Be Well Smoking Cessation Drop In Clinic</b>  <b>11.30am-1.30pm at Family Hub at Morningson Road</b></p>
<p><b>Aspiring Futures Drop-In for Young People</b>  <b>12:00-2:30pm at Family Hub at Morningson Road</b>            Careers support for young people aged 15-19 years (up to 25 with an Education, Health and Care Plan / care experienced) through our Progression Advisers and Mentor.</p>	<p><b>Easter Eggstravaganza</b>  <b>1.00-3.00pm at Borsdane Wood, Hindley.</b>            Meet at the tunnel on Mill Lane. Outdoor activities, stories, bug exploring and more!            For children ages 0-8 years.  <b>Drop In</b></p>	<p><b>Save A Baby's Life</b>  <b>6.00-8.00pm at Family Hub at Morningson Road</b>            Save a Baby's Life aims to teach basic emergency skills to anyone who cares for a baby. You will learn Infant Life Support (CPR), Infant choking (diagnosis and treatment) and Infant drowning (diagnosis and treatment).  <b>Book on – 01942 488246</b></p>	<p><b>Easteroos</b>  <b>10.00am - 11.00am at Platt Bridge Linked Site</b>            Latin inspired dance activity session for ages 3-7 years.  <b>Drop In</b></p>	<p><b>Little Bunnies Story Time</b>  <b>11.45am-12.30pm at Ince Linked Site</b>            Stories, rhymes and activities.            Suitable for 2-5 years.  <b>Drop In</b></p>
<p><b>Taking Time To Talk - Talk First Drop In</b>  <b>1.00pm - 3.00pm at Family Hub at Morningson Road</b>            Family Mediation  <b>Drop In</b></p>	<p><b>Locala Sexual Health Drop In Clinic</b>  <b>2.30-4.30pm at Family Hub at Morningson Road</b>            We provide education and advice on contraception, referral into main service, testing for sexually transmitted infections, vaccinations and pregnancy testing.</p>		<p><b>Easter Eggstravaganza</b>  <b>1.00-3.00pm at Low Hall Nature Reserve, Platt Bridge, WN2 5AT</b>            Meet on the car park.            Outdoor activities, stories, bug exploring and more!            For children ages 0-8 years.            There is a small car park located directly off Liverpool Road opposite Crompton Street  <b>Drop In</b></p>	

Date: 7<sup>th</sup> April – 11<sup>th</sup> April 2025 (continued from previous page)

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**Spring Time Sensory**  
**1.30-2.30pm at Ince Linked Site**  
An interactive sensory session for babies ages 0-12 months. Explore colours, lights, sounds and textures.  
**Book on – 01942 488246**

**Antenatal Workshops**  
**6.00-7:30pm at Family Hub at Morningson Road**  
Sessions cover Antenatal Wellness, Infant Feeding, Labour & Birth and Bringing Baby Home.  
**Booking information given by Midwives**

**Community Link Worker Appointments**  
**1-5pm at Family Hub at Morningson Road**  
Support with social issues that may be affecting your health and wellbeing including drug and alcohol, debt, housing and more.  
**Please contact 01942 404220 and select option 2 for community link workers.**

**NEW**  
**Andys Man Club Drop In**  
**7.00-9.00pm at Family Hub at Morningson Road**  
We offer a safe space where you can feel comfortable to talk about your experiences in a room free of judgement. Our clubs are designed to be free of pressure, there is no obligation to speak – you can simply listen if you wish.  
**Come along and join us**

**First Contact Physiotherapy Drop in Service**  
**1.30-3.30pm at Family Hub at Morningson Road**  
A drop in offering practical advice and support with any issues with muscles, joints and ligaments, such as back, neck, knee and shoulder pain. Signposting you to other services that can support you further if required.  
**No appointment needed, just drop in.**

**Wigan Parent Carer Forum Monthly Drop In**  
**6.00pm - 8.00pm The Family Hub at Morningson Road**  
An informal drop in session for parent carers of children and young people aged 0-25 with special educational needs and disabilities. Find out more information about different services and get peer to peer support from other parents.  
All welcome, with or without a diagnosis.  
**No need to book, just come to the drop-in.**



Date: 14<sup>th</sup> April – 18<sup>th</sup> April 2025 (continued on next page)

## Monday

## Tuesday

## Wednesday

## Thursday

## Good Friday

### Community Link Worker Drop In 10am-12pm at Family Hub at Morningson Road

Support with social issues that may be affecting your health and wellbeing including drug and alcohol, debt, housing and more.

### Escape Rooms Adventure 10.00am-12.00pm at Family Hub at Morningson Road

Discover clues, solve puzzles and accomplish tasks in one or more rooms!

For ages 6-11 years

**Book on – 01942 488246**

### Easteroos 1.00-2.00pm at Family Hub at Morningson Road

Latin inspired dance activity session for ages 3-7 years.

**Drop In**

### With You Drop In 9.00am-12:30pm at Family Hub at Morningson Road

Confidential advice and information to residents who have questions or concerns about their or a loved one's drug or alcohol use.

**NEW**

### Andys Man Club Drop In 7.00-9.00pm at Family Hub at Morningson Road

We offer a safe space where you can feel comfortable to talk about your experiences in a room free of judgement. Our clubs are designed to be free of pressure, there is no obligation to speak – you can simply listen if you wish.

**Come along and join us**

### Riding The Rapids 1.00-4.00pm at Family Hub at Morningson Road

Riding the Rapids is a free course for parents and carers of children who have a diagnosis of Autism, severe learning disabilities or complex physical disabilities. The course aims to help parents to understand and manage challenging behaviour shown by their child. **Bookable**

**Course, please contact 07825948643 or email [parentingsupport@wigan.gov.uk](mailto:parentingsupport@wigan.gov.uk)**

### Little Bunnies Rhyme Time 2.30-3.30pm at Family Hub at Morningson Road

Stories, rhymes and sensory activities.

Suitable for 0-2 years.

**Drop In**

### Mental Health Link Worker Drop In 9.00am-1.00pm at Family Hub at Morningson Road - We can support with attending

community groups, services or appointments and provide self help information on difficulties such as sleep, mindfulness, self-esteem, stress and problem solving. We work with patients who are 18+ and registered with one of the following surgeries: Hindley Health Centre, Pennygate Medical Centre, Alexander House, Platt House, Ince Surgery and Claire House/Rivington Way.

### GP Assistant Drop In Clinic 1.30-3.30pm at Family Hub at Morningson Road

Free 'Drop-In' service for Blood Pressure Checks, Health Checks and Lifestyle & Coaching Advice.

No appointment needed – just drop in.

### Well Baby Clinic 9.30am-12.00pm at Ince Linked Site

Baby weighing and a chance to ask the Health Visitors any questions/advice.

**Appointment Only – 0300 7071245**



Date: 14<sup>th</sup> April – 18<sup>th</sup> April 2025 (continued on next page)

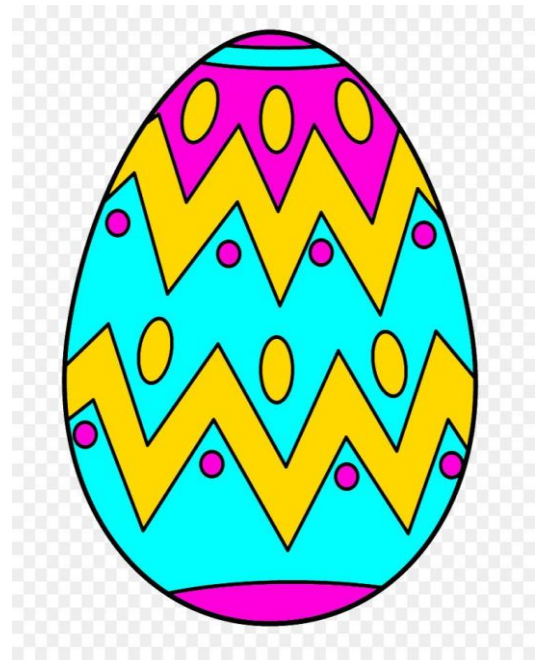
**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Good Friday**



**Little Bunnies Rhyme Time**  
1.30-2.30pm at Ince William Fosters,  
The Grove, Ince, WN2 2BE  
Stories, rhymes and sensory  
activities.  
Suitable for 0-2 years.  
**Drop In**

**Locala Sexual Health Drop In Clinic**  
2.30-4.30pm at Family Hub at  
Morningson Road  
We provide education and advice on  
contraception, referral into main  
service, testing for sexually  
transmitted infections, vaccinations  
and pregnancy testing.

**Easteroos**  
3.00-4.00pm at Ince William Fosters,  
The Grove, Ince, WN2 2BE  
Latin inspired dance activity session  
for ages 3-7 years.  
**Drop In**



**Board Games Bonanza**  
10.30-11.30am at Platt Bridge  
Linked Site  
Come and join in some fun new  
board games.  
For ages 5-11 years  
**Drop In**

**Community Link Worker Appointments**  
1-5pm at Family Hub at Morningson  
Road  
Support with social issues that may be  
affecting your health and wellbeing  
including drug and alcohol, debt, housing  
and more.  
**Please contact 01942 404220 and select  
option 2 for community link workers.**

**Easteroos**  
1.30-2.30pm at Platt Bridge  
Community Centre  
Latin inspired dance activity session  
for ages 3-7 years.  
**Drop In**



Date: 14<sup>th</sup> April – 18<sup>th</sup> April 2025 (continued from previous page)

**Monday**

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**Good Friday**



**First Contact Physiotherapy Drop in Service 1.30-3.30pm at Family Hub at Mornington Road**

A drop in offering practical advice and support with any issues with muscles, joints and ligaments, such as back, neck, knee and shoulder pain. Signposting you to other services that can support you further if required. **No appointment needed, drop in**

**Pram Push / Scavenger Hunt 3.00-4.00pm at Low Hall Nature Reserve, Platt Bridge, WN2 5AT**

Meet on the car park.  
A walk in the woods, find hidden objects as you go along and complete your list.  
For ages 0-11 years.  
**Drop In**





## How can you have your say and get involved?

Are you a parent/carer?

Are you passionate about shaping services for families in Wigan?



We are looking for parents and carers of children aged 0-19 or children up to 25 years old with a special educational need and disability (SEND), to join our Family Hub parent/carer panel.

If you have any further questions or want to be part of our parent/carer panel, please contact us by emailing

**[earlyhelpvolunteering@wigan.gov.uk](mailto:earlyhelpvolunteering@wigan.gov.uk)** or visit

**[www.wiganboroughvolunteerhub.co.uk/vo10378](http://www.wiganboroughvolunteerhub.co.uk/vo10378)**